## I. SCENE RELEASE

Patients may be considered for release at scene only if documentation supports release and **all** of the following conditions are met.

- Legal age (18) or married, or <u>legal</u> guardian of minor present (family members other than parents are not legal guardians, unless so appointed). Exception: minors with no care required may be released to their own care or police custody as appropriate.
- 2. No life or limb threatening condition as judged by EMS personnel.
- 3. Appears competent to make an informed decision as judged by EMS personnel.
  - a. Minimal guidelines for judging competency:
    - Alert and oriented to person, place, time, situation.
    - Understands the consequences of not receiving care, as explained by EMS personnel (must be "informed")
    - · Not suicidal, homicidal, or otherwise mentally impaired
    - Not under the influence of drugs or alcohol to the extent that judgment may be affected as assessed by EMS personnel

## II. CONDITIONS OF RELEASE:

- 1. <u>Refusal of emergency care</u> by patient. <u>Competent, informed patients</u> may refuse care and/or transport after evaluation by EMS personnel. <u>Medical Control</u> must be contacted prior to release. If all the above criteria are met, patient should sign a refusal form (see sample).
- 2. <u>No care required</u>. Competent patients with no complaint or obvious injury/illness who do not wish emergency care may sign an appropriate release form (not a refusal). EMS personnel must agree that no emergency care is needed. When in doubt, call Medical Control.
- 3. <u>Care denied</u> by EMS personnel: If a competent patient is judged to have no condition requiring emergency care or transport, services may be denied and the patient instructed to seek care at his/her own discretion.

Such denial of care must be confirmed with medical control. The EMS provider and a third party witness when possible should sign an appropriate statement of denial of care. This option should be used only when conditions are <u>clearly</u> not emergent (i.e., earache, ambulatory ankle sprain).

## **III. PROVIDING CARE AGAINST PATIENTS WISHES:**

When EMS providers and/or Medical Control feel emergency care is indicated, patients may be treated, transported and/or restrained against their wishes when:

- 1. The patient is a minor without a legal guardian.
- 2. The adult patient is not competent to refuse care and may be a danger to self or others.

## IV. SPECIAL SITUATIONS:

- 1. <u>Seizures</u>. Patients with a known seizure disorder who have breakthrough seizures despite compliance with medications, and who are fully recovered from a single seizure may be released after confirming with Medical Control.
- 2. <u>Hypoglycemia</u>. Diabetic patients with hypoglycemia due to lack of sufficient sugar intake (but not insulin or medication overdose) may be released if fully recovered after glucose administration if:
  - a. They understand why they had the insulin reaction and
  - b. They have access to oral glucose or a meal within 20 minutes.
  - c. Confirmed with on-line Medical Control.
- 3. Heroin Overdose. When a patient with altered mental status and/or respiratory depression has responded to Naloxone administration and is now awake and alert, admits heroine abuse, and denies suicidal intent, he/she may be released at the scene with the agreement of Medical Control. Such patients should be given a referral to Salt Lake County Alcohol and Drug Services (468-2009) for counseling, detoxification and treatment programs. Complete a No-Care-Required release form. Patients who may have used longer-acting narcotics, or who admit or are suspected of suicidal intent should be transported to the appropriate facility as per protocol No. 1.
- 4. Other situations may arise when scene release may be appropriate. The patients clinical condition, vital signs, mental status, Glasgow Coma Score, understanding of his/her condition and possible consequences, if untreated, must always be documented. On-line Medical Control must always be contacted for Refusals and Denial and, when in question, "No Care Required" situations. Proper signatures should be obtained from the patient or legal guardian/parent.